

Independence Run

Downtown Poplar Bluff 5K & Kids 1 Mile Fun Run

Sponsored By Ozark Federal Credit Union & Presented by Missouri Running Company



Saturday June 29th, 2019



Race Starts and Finishes at Poplar Bluff Municipal Library

Top Male and Female Awards Medals 3 Deep in each age group

5K Age Groups: 0-19, 20-29, 30-39, 40-49, 50-59, 60+

Kids 1 Mile Age Groups: 0-6, 7-9, 10-12, 13-15

MORE INFO: Call 573-609-2757

Costs: 5K-\$15 Entry fee includes shirt and raffle ticket. Kids 1 Mile-free (no t-shirt)

All proceeds raised will go to the Wake Foundation which helps wounded military veterans stay active and involved after combat.

Race Itinerary: Friday June 28, Packet Pick up at Missouri Running Company In Poplar Bluff: 12PM-6PM

Saturday June 29: Registration & Packet Pickup: 6AM-6:45AM at race site

5K Race Starts at 7AM. Kids 1 Mile Starts at 7:30AM

Awards Ceremony at 8AM

\$100 Gift Certificate for Raffle!

Extra raffle Tickets are \$1 each or 6 for \$5 (also available race day). # of tickets _____ Additional amount enclosed _____

5K _____ Kids 1 Mile Fun Run _____

Name: _____ Age: _____ D.O.B. ___/___/___ Sex: M F

Address: _____ City _____ State _____

Email: _____ Shirt (circle): S M L XL XXL

Drop registration and payment off at: Missouri Running Company, 3999 Kannel BLVD, Poplar Bluff, MO 63901.

OR register online at: runsingup.com/Race/MO/PoplarBluff/IndependenceRun

Waiver: I understand that trail running is potentially hazardous activity and should not register unless physically fit and properly trained. I agree to abide by all decisions made by race officials. I assume all risks associated with running including, but not limited to, falls, contact with other participants, the effects of weather and course conditions. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I for myself and anyone entitled to act on my behalf, waive and release Missouri Running Co. and all affiliates, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these events. In addition I give permission for all photos and information to be used for any legitimate purposes.

Participants Signature or Parents signature if under 18 yrs of age

Date